Activity Pack:

Mohawk Walk

Welcome to Bonaly!

Please meet at the Barn

Please Find Included

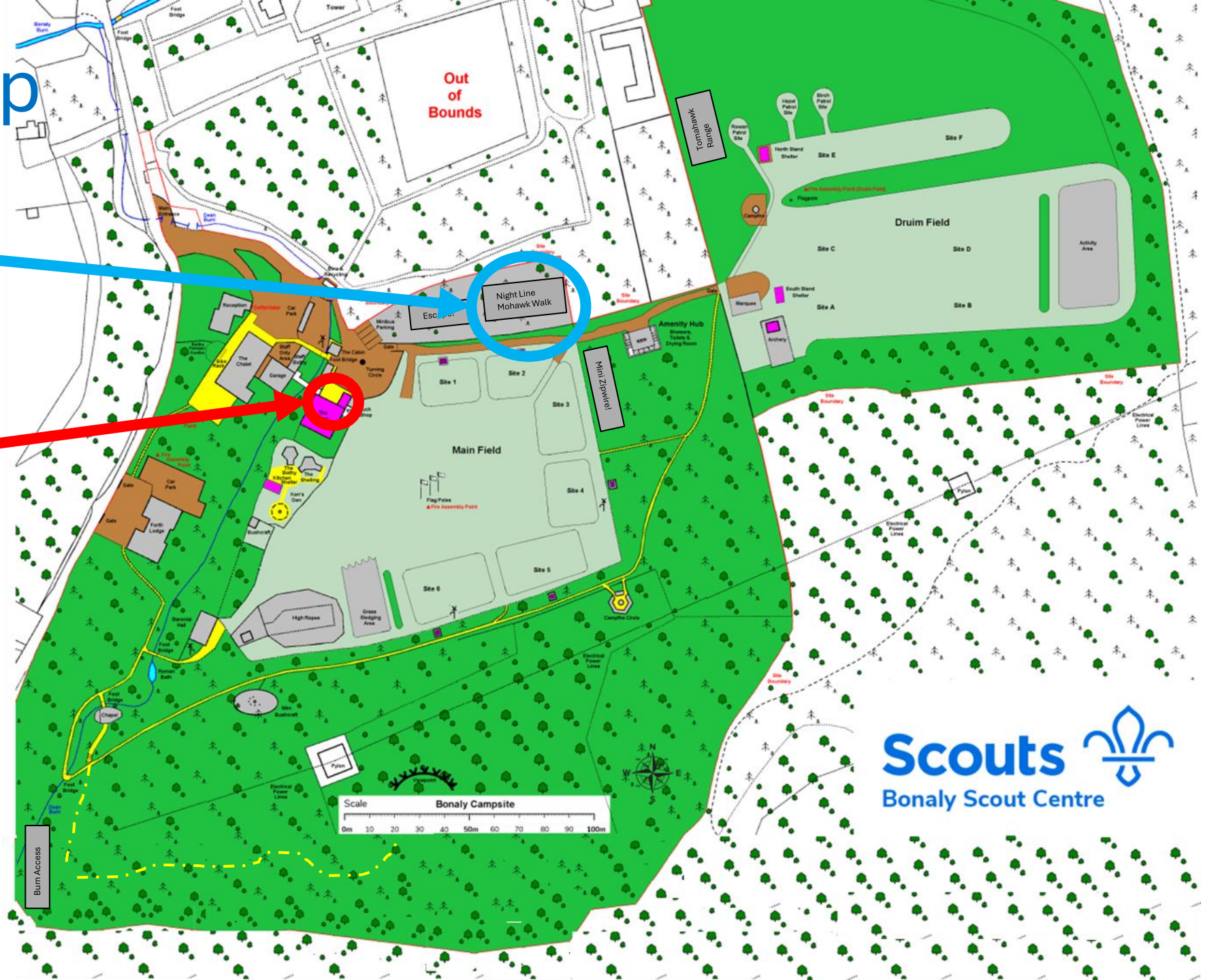
- Site Map
- Session Plan
- Risk Assessment
- Standard Operating Procedure
- Equipment Check List

Sean Crossan

Site Map

Typically run here

Please meet here



Scouts Bonaly

Session Plan-

Time	Activity	Details
0:00 – 0:20	**Welcome & Safety Briefing, Fitting Helmets**	Introduction to the session, instructor, and safety rules. Explain the need for calm and listening throughout. Fit helmets.
0:30 – 0:35	**Safety Re-cap and brief at the line**	Go over the safety instructions of the mohawk walk and brief them on correct spotting, 1 person per section and start them off in pairs
0:40 – 1:30	**Mohawk Walk**	Starting them off in pairs spread out along the line. Once completed every obstacle check in, if there is time move on to group challenges.
1:30 – 1:35	**Closing & Feedback**	Thank participants, discuss next steps, and collect feedback.

Mohawk Walk

The leader supervising the activity must read and comply with the Standard Operating Procedure, Risk Assessment and instructions. The sign out sheet needs to be signed before using the activity; the supervising leader must supervise the activity for its entire duration and not hand over responsibility to any other person at any time.

Please meet at the Blair Barn for all Activities; a member of the Bonaly team is available to offer guidance and answer any questions at this time.

Description:
The Mohawk walk is a steel cable low ropes course. There are different variations and changes that can be made to suit your group, but the fundamental session plan is; a safety brief, paired low rope session, group challenges, Debrief

Location: Activity area behind site one.

Equipment provided: Helmets, Ball and Teddy Bear

Risk Assessment

Nightline

No	Hazard	Who it effects	Unmanaged risk	Control measures	Managed risk
1	Insufficient Instruction/Supervision	Participants	Medium	Sessions to be run by suitably qualified/experienced instructors. Maximum instructor ratio of 1 to 12 Instructor to start activity with a blindfold game e.g. animal noise partners, to assess participants for blindfold anxiety. At end of nightline participants told to stand still for a few seconds after taking goggles off, to allow eyes to adjust; especially important in strong light.	Low
2	Faulty equipment	Participants	Medium	All equipment to be checked on each use and inspected on a monthly basis.	Low
3	Tripping, falling and Slipping on trees and obstacles.	Participants	Medium	All Participants to wear helmets. Instructor to control flow of group around course, assisting if necessary. Instructor must ensure adequate group control or session must be stopped.	Low
4	Hypo/Hyperthermia and exposure	Participants	Medium	Instructors to ensure participants have appropriate clothing for the prevailing conditions and to monitor participants during the session.	Low
5	Medical conditions that could affect the activity	Participants	Medium	Instructors to check with group if there are any medical conditions/Injuries which may affect their participation.	Low
6	Slippery/uneven surfaces and trip hazards	Instructors & participants	Medium	Instructors to make participants aware of conditions underfoot.	Low

Assessor	Date	Review Date
Sean Crossan	25/01/26	25/01/27

Risk Assessment + SOP

Standard Operating Procedure – All Activities

Supervisors will be given copies of Standard Operating Procedures and Risk Assessments for the activity.

The safety of participants is at all times the responsibility of the supervisor.

The supervisor must:

Read and comply with the Standard operating procedure, Risk Assessment and activity instructions.

Complete the sign out sheet before using the activity – Self led.

Must supervise the activity for its entire duration and not hand over responsibility to any other person at any time.

Ensure there is adequate first aid provision.

Maintain adequate group control at all times.

Ensure participants are suitably attired for the prevailing weather conditions and activity.

Be aware of any participant medical conditions that may affect the activity.

Make participants aware of conditions underfoot.

Fully brief participants on the activity, paying particular attention to risks highlighted in the Risk Assessments and Standard Operating Procedures.

Report any loss or damage to the equipment/activity.

Standard Operating Procedure – Nightline

Instructor:	Bonaly in house Trained and Assessed.
Ratio:	The Instructor participant ratio will not exceed 1:12
Risk Assessment:	The Instructor is required to be familiar with the site-specific risk assessment and run the activity to these standards.
Site Induction:	Site-specific training and assessment.

Instructors will gain instructing experience and familiarisation with the site-specific risk assessment by working with other instructors until assessed as competent

Equipment Check List

- ☐ Activity Pack (RA + SOP)
- ☐ Helmets x 12
- ☐ Ball
- ☐ Teddy Bear/Duck
- ☐ FA Kit